

# The 10<sup>th</sup> Annual Home Run 5K Road Race & 1 Mile Fun Run/Walk

March 21, 2009, 8:30 A.M.

The City Hotel & Bistro

203 SW Greenville Blvd, Greenville, NC 27834

Presented by:

Midas  
PCS Phosphate  
AC Controls

**Race Features:** Post-race party, including door prizes, awards ceremony & pancake buffet breakfast. Split times provided at miles 1 & 2, water provided on course (5K race), commemorative t-shirts included (only guaranteed to pre-registrants)

**Post-Race Party:** Immediately following the race, there will be a post-race party and pancake buffet at the City Hotel & Bistro, featuring door prize give-aways, refreshments, music, and the awards ceremony.

**The Courses:** The 5K uses a flat, fast, recently updated USATF certified course which goes through the Westhaven subdivision. The fun run/walk follows an accurate 1-mile portion of the 5K course. Course maps will be available at registration.

**Registration & Packet Pickup:** To register in advance, detach, fill out, and mail the enclosed entry form with a check or money up to one week prior to the race. Alternatively, you can register online at the race web site, [www.habitathomerun.com](http://www.habitathomerun.com). Packet pickup/registration will also be held at the City Hotel on Friday, March 20 from 5:00 – 7:00 PM. Race day registration begins at 7:00 A.M. at the City Hotel & Bistro.

**Awards:** Awards will be presented to the top three men and women overall in both the 5K and 1 mile events. In addition, awards will be presented to the top three men and women in the following age groups in the 5K only: 16-19, 20-29, 30-39, 40-49, 50-59, and 60 & Over. Results will be posted at: [www.ecrun.org](http://www.ecrun.org).

**Entry Fees:** 5K: \$20 in Advance; \$25 Race Day  
1 Mile: \$15 in Advance; \$20 Race Day

**Timing:** Timing will be done by East Carolina Road Racing. All runners must pick up chips the morning of the race and return them to the finish line area.

**More Information:** Call the Habitat office at (252) 758-2947 or visit the race web site at [www.habitathomerun.com](http://www.habitathomerun.com).

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## Entry Form

To register, please legibly print the entry form, sign the waiver, and enclose a check for the proper amount, and mail to: Habitat for Humanity of Pitt County, PO Box 514, Greenville, NC 27835.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F

Event (circle): 5K Run 1 Mile Fun Run/Walk

T-Shirt Size: S M L XL

I have enclosed \$\_\_\_\_\_ for my entry, plus an additional donation of \$\_\_\_\_\_ for a total enclosed amount of \$\_\_\_\_\_.

Where did you hear about the Home Run ? \_\_\_\_\_

I, for myself, my executors, heirs, and assignees, do hereby release and discharge Habitat for Humanity of Pitt County, Inc., The City Hotel and Bistro, East Carolina Road Racing, Race Director, all sponsors, and volunteers of any claims, damages, or liabilities arising out of my participation in this athletic event. I understand that this release is valid notwithstanding any negligence on the part of those persons or entities named in this release. I understand that running can be a potentially hazardous condition, due to traffic, weather, and many other variables. I attest that I am aware of these risks, and that I am sufficiently trained and physically fit to participate in this event. I also give full permission to use any pictures or video clips of me taken during the event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(parent/guardian if under 18)